

## Under 5's Drop In February Schedule 2019

Here is our monthly time table. Each week we have a diverse selection of activities for you and your child to enjoy. The Drop In is open **9:30 – 12:30**. Please see below for the themed daily activities and our changing monthly plan, giving full details. Look forward to seeing you!

### Monday – Music, Madness & Melody

Let's start the week with a musical Jamboree. Helping the children to focus, listen and express themselves while having tons of fun!

### Tuesday – Tummy Time

This is a fantastic opportunity for you and your child to interact and work together to help improve and encourage movement and development. Also learn new activities and games to play with your child at home.

### Wednesday – Free Play!



"Enforced learning will not stay in the mind: so, avoid compulsion and let your children's lessons take the form of play" - Plato

### Thursday – Crafty Kids & Messy Play

We all love our arts and crafts and messy play. Each week we will create new and exciting pieces of art and explore and experience different textures and mediums. From Junk modelling to Blown Bubble sculptures no medium is off limits. Let's get messy and have fun playing!

### Friday – Kathy's Book Worms

A time to relax and explore our favourite books. Through puppets, story boards and re-enactments your children can see their favourite stories come to life. It is also an opportunity for your children to start telling their own stories and sharing moments from their life.

W/B	Monday	Tuesday	Wednesday	Thursday	Friday
4/2/19	<b>Musical Monday!</b> Let's Sing & Move	Rolling, Stretching and Reaching Out with Tummy Time.	Free Play 	Fireworks Painting. The Chinese New Year starts soon . . . with a Bang!	Let's see who's Popping Up 'Under the Sea'; this week's pop-up book.
11/2/19	Music Time! Bring your favourite and Special Songs along . . .	Tummy Time With Shakers & Rattles	Free Play 	Paper Lanterns & Flying Pigs. It's the Chinese Year of the Pig.	This week's book: 'This is My Nose'. Let's find our nose and our toes.
18/2/19	Singing along with all our favourite Nursery Rhymes.	Tummy Time . . . in the Garden.	Free Play 	Fire Breathing Dragons! 	'Postman Bear'. Mr Bear is writing letters and posting them
25/2/19	Music and Movement 	Tummy Time for All Ages.	Free Play 	Let's Wash the Muddy Farm Animals!	'Peace at Last'. Tuck in for a cosy read. 

**£2 entry (£1 for siblings). Concessions available.**

If you have any questions please contact Kathy, Carole or Zoie on 020 7833 0198.

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